

RESOURCES

See an overdose? Call 911 for Medical Assistance. Save a Life.

New York State's 911 Good Samaritan Law protects you when calling for medical help if you see or experience an overdose.

The Truth About Opioids

A national public awareness campaign by the Office of National Drug Control Policy and Ad Council to combat the opioid epidemic.

Visit: opioids.thetruth.com

Access Treatment

New York State's guide for individuals and families seeking care and support for substance use disorder.

Visit: oasas.ny.gov/treatment

24/7 helpline: **1-877-846-HOPE (7369)**

Clear Your Cabinet

An initiative by the New York Attorney General to help New Yorkers safely dispose of unused opioids.

Visit: clearyourcabinet.ag.ny.gov

NYC Well

Visit: nycwell.cityofnewyork.us

24/7 helpline: **1-888-692-9355**

Text **WELL** to **65173**

Access to Naloxone

Naloxone is an overdose reversal medication that is available without a prescription at many pharmacies throughout the city.

Visit: nycwell.cityofnewyork.us/en/naloxone

Family Resources

Friends of Recovery New York's resource page for family members of individuals struggling with substance use disorder.

Visit: for-ny.org/resources/family-resources

New York City Drug Hotline

1-888-374-DRUG (3784)

Every day in New York City a life is lost due to prescription drug abuse. The vast majority of overdose deaths involve more than one substance, such as the dangerous combination of an opioid and the anti-anxiety medication Xanax.

Excessive prescribing of pain medication has resulted in widespread addiction and increased use of counterfeit pills, heroin and fentanyl. My office is committed to reducing the supply of illicit drugs and educating members of the public on how to protect themselves and their loved ones.

SNP's Prescription Drug Investigation Unit has successfully prosecuted numerous corrupt medical practitioners and dismantled major criminal distribution networks. Together we can save lives and restore the health of NYC communities through a balanced approach of law enforcement, treatment, prevention and sensible harm reduction strategies.

Bridget G. Brennan

Special Narcotics Prosecutor



80 Centre Street
New York, NY 10013

Community Outreach

212-815-0454

Media Inquiries

212-815-0525

snpnyc.org/resources/prescriptiondrugs

Office of the Special Narcotics Prosecutor for the City of New York



Abused Pharmaceutical Substances

**ONE IN THREE FATAL OVERDOSES
IN NEW YORK CITY INVOLVE
PRESCRIPTION DRUGS**



TOP ABUSED PHARMACEUTICAL SUBSTANCES



OxyContin 30 mg



Roxicodone 30 mg



Soma 350 mg



Xanax 2 mg



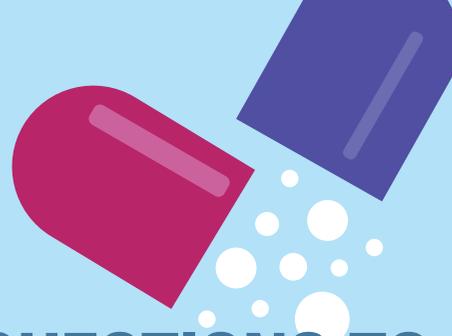
Percocet 10 mg



ALTERNATIVES TO OPIOIDS

Medical authorities, like the CDC, recommend non-opioid therapy to be the first-line of treatment for chronic pain patients in most circumstances. Pain management options to explore:

- Physical therapy and exercise
- Non-opioid medications, such as acetaminophen or ibuprofen
- Cognitive behavioral therapy (CBT)
- Surgery or surgical implants



QUESTIONS TO ASK YOUR DOCTOR

- 1 Why are you prescribing me an opioid?
- 2 How long should I take this medication?
- 3 How will this medication make me feel?
- 4 Are there any side effects from this medication? If so, how can I reduce or prevent them?
- 5 Is there a possibility that I will get addicted to this medication?
- 6 I have a history of substance use disorder. Should I still take an opioid?
- 7 Addiction runs in my family, should I take this medication?
- 8 Should I start with a shorter prescription or fewer pills?
- 9 Are there any non-opioids that I can take as an alternative?
- 10 How can I keep opioid medication at home away from children and other family members?

**Questions based on The Truth About Opioids campaign*



DANGERS OF BUYING PILLS ON THE STREET

Not every pill is as it seems. Illicit dealers frequently make counterfeit pills with potent fentanyl to sell on the black market as Xanax or oxycodone. Fentanyl is a synthetic opioid that is behind more than half of New York City overdose deaths. An amount of fentanyl equal to a few grains of sand can be lethal.



UNSAFE DRUG COMBINATIONS

Mixing drugs can have life-threatening consequences. Here are some risky combinations that are known to lead to long-term disability or death:

- Opioids + Benzodiazepines (i.e. Xanax)
- Antidepressants + Ecstasy
- Alcohol + Opioids
- Alcohol + Benzodiazepines

To avoid accidental drug interactions, please keep your doctor informed about all medication you are taking.



Taking prescription opioids?

Please do not share pills and properly dispose of unused medication.

Visit clearyourcabinet.ag.ny.gov for medication drop-off locations in NYC.